



Educate Yourself on Neuropathy

Learn about the different types of nerves, how they work, and what happens when they dysfunction. Continue with causes of neuropathy, symptoms, testing, diagnosis and treatment. Learning and understanding neuropathy terminology will assist with describing your symptoms to your doctor so you are both speaking the same 'language'.

Nerves

- [Overview](#) (WNA Website)
- [Nerve Fiber](#) (Science Direct)

Causes

- [Overview](#) (WNA Website)
- [Peripheral Neuropathy Causes](#) (National Health UK)
- [Peripheral Evaluation and Differential Diagnosis](#) (American Family Physician)
 - Causes - [Table 1](#) and [Table 2](#)

Symptoms

- [Overview](#) (WNA Website)

Diagnosis

(The terminology in these papers may be difficult to understand but many have excellent diagrams to further understanding of neuropathy)

- [Neuropathy, Neuropathic Pain, and Painful Peripheral Neuropathy — Many kinds, causes, and treatments](#) (International Neuromodulation Society)
- [Office Approach to Small Fiber Neuropathy](#) (Cleveland Clinic Journal of Medicine, October 2018)
- [Diagnosis of Peripheral Neuropathy](#) (Standard Operating Procedure for Physicians, 2020)
Diagnosis Flowchart – [Figure 1](#) and [Figure 2](#)

Treatments

- [Overview](#) (WNA Website)
- [Alternative and Complementary Treatments](#) (Website)

Peripheral Neuropathy Overviews from Hospital Educational Websites:

- [Mayo Clinic](#)
 - [Cleveland Clinic](#)
 - [National Institute of Neurological Disorders and Stroke](#)
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