

Communication Guide... for your next CLINICAL VISIT

Learn



Document



Communicate



Plan



Adhere

I would like to discuss _____
(#1 health concern)

1. List your 3 main symptoms of your #1 health concern?

- Symptom 1 _____
- Symptom 2 _____
- Symptom 3 _____

2. My current treatment(s) are... (Circle One)

1. working
2. need improvement. Why? _____
3. completely unsatisfactory. Why? _____
4. I don't have a treatment or can't access treatment.

3. What is our treatment goal(s)?

4. Shared Decision-Making Speaking Points

1. I appreciate us working together to form a healthcare plan.
2. I am ready to adhere to the plan.
3. I will do my part by...
 1. exercising and eating healthy
 2. documenting progress and concerns
 3. Other: _____

5. When do you want to schedule a follow-up visit?

- ____ / ____ / _____

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