

# Roster of Our WNA Information and Support Groups

## 2017 WNA Board of Directors

**Bev Anderson**  
President

**Karen C. Polastri, IOM**  
Vice President

**Anne Bentz**  
Secretary

**Darrell O'Sullivan**  
Treasurer

**Antonio Benevento**  
Director

**Charles Gellman**  
Director

**Pam Hart**  
Director

**Brad Livingood**  
Director

**Sonya Wells, PharmD, MPH**  
Director

## Emeritus Council

**Michael Green**  
Emeritus

**Johnathan Istilart**  
Emeritus


**Sandra Vinson**  
Emeritus

**Dick Ward**  
Emeritus

**Please contact  
your group leader  
or check your  
local paper to  
find out about  
the topic/speaker  
for the upcoming  
meeting.**

**Bev Anderson**  
Editor

Newsletter Design by

 **Diane Blakley  
Designs**

## CALIFORNIA

### Antioch-Brentwood

3<sup>rd</sup> Wednesday, 2 PM (odd numbered months)  
Antioch-Kaiser, Deer Valley Rooms 1 & 2  
Marty Price (925) 626-7988

### Auburn

1<sup>st</sup> Monday, 11 AM  
Woodside Village MH Park  
12155 Luther Road  
Sharlene McCord (530) 878-8392  
Nov. Speaker: Bev Anderson, WNA President

### Berkeley-Oakland

3<sup>rd</sup> Wed., 3-4 PM  
North Berkeley Senior Center  
1901 Hearst Ave.  
Kathleen Nagel (510) 653-8625

### Carmichael - Atria

Atria - Carmichael Oaks  
8350 Fair Oaks Boulevard  
For information, call:  
Ryan Harris 916-342-8440

### Castro Valley

2<sup>nd</sup> Wednesday, 1:30 PM  
First Presbyterian Church  
2490 Grove Way (next to Trader Joe)  
Joy Rotz (510) 842-8440

### Concord

3<sup>rd</sup> Thursday, 1:30 PM  
First Christian Church  
3039 Willow Pass Road  
Wayne Korsinen (925)685-0953

### Costa Mesa

3<sup>rd</sup> Wednesday, 10:00 AM  
Call Martha Woodside  
949-573-0056 for the location

### Davis

2<sup>nd</sup> Tuesday, 3:30-5:00 PM  
Davis Senior Center, 646 A Street  
Mary Sprifke (530) 756-5102

### Elk Grove

2<sup>nd</sup> Tuesday, 1 PM  
Elk Grove Senior Center  
8830 Sharkey Avenue  
Roger White (916) 686-4719

### Folsom

1<sup>st</sup> Thursday, 12:30 PM (odd numbered months)  
Burger Rehabilitation  
1301 E. Bidwell St., Folsom  
Bev Anderson (877) 622-6298  
<http://folsom.neuropathysupportgroup.org>

### Fresno

3<sup>rd</sup> Tuesday, 11:00 AM  
Denny's Restaurant  
1110 East Shaw  
Bonnie Zimmerman (559) 313-6140

## Grass Valley

2<sup>nd</sup> Monday, 1:30 PM  
GV United Methodist Church  
236 S. Church Street  
Bev Anderson 877-622-6298

### Livermore

4<sup>th</sup> Tuesday, 10 AM  
Heritage Estates, 900 E. Stanley Blvd.  
Lee Parlett (925) 292-9280

### Merced

2<sup>nd</sup> Thursday, 1 PM  
Central Presbyterian Church  
1920 Canal Street  
(The Hoffmeiser Center across the street from  
the church)  
Larry Frice (209) 358-2045

### Modesto

3<sup>rd</sup> Monday, 10:30 AM  
Trinity United Presbyterian Church  
1600 Carver Rd., Rm. 503  
Ray (209) 634-4373

### Monterey

3<sup>rd</sup> Wed., 10:30 AM (odd numbered months)  
First Presbyterian Church  
501 El Dorado Street  
Dr. William Donovan (831) 625-3407

### Napa

1<sup>st</sup> Thursday, 2 PM  
Napa Senior Center, 1500 Jefferson St.  
Ron Patrick (707) 257-2343  
[bonjournapa@hotmail.com](mailto:bonjournapa@hotmail.com)

### Placerville

2<sup>nd</sup> Wednesday, 1 PM  
El Dorado Senior Center  
937 Spring Street  
Lolly Jones (505) 228-3233

### Redwood City

4<sup>th</sup> Tuesday, 1 PM  
Sequoia Hospital Health and Wellness Center  
749 Brewster Avenue  
Danielle LaFlash (415) 297-1815

### Roseville

2<sup>nd</sup> Wednesday, 1PM (odd numbered months)  
Sierra Point Sr. Res., 5161 Foothills Blvd.  
Stan Pashote (916) 409-5747

### Sacramento

2<sup>nd</sup> Tuesday, Nov. 14, 1:30 PM  
Northminster Presby. Church  
3235 Pope Street  
Charles Moore (916) 485-7723  
<http://sacramento.neuropathysupportgroup.org/>

### San Jose

3<sup>rd</sup> Saturday, 10:30 AM  
O'Conner Hospital, 2105 Forest Avenue  
SJ DePaul Conf. Rm.  
Danielle LaFlash (415) 297-1815

## San Rafael

3<sup>rd</sup> Wednesday, 1 PM  
Lutheran Church of the Resurrection  
1100 Las Galinas Avenue  
Scott Stokes (415) 246-9156

### Santa Barbara

4<sup>th</sup> Saturday, 10AM (odd numbered months)  
The First Methodist Church  
Garden & Anapamu  
Shirley Hopper (805) 689-5939

### Santa Cruz

3<sup>rd</sup> Wednesday, 1PM (odd numbered months)  
Trinity Presbyterian Church  
420 Melrose Avenue  
Mary Ann Leer (831) 477-1239

### Santa Rosa

1<sup>st</sup> Wednesday, 10:30 AM  
Santa Rosa Senior Center  
704 Bennett Valley Road  
Larry Metzger (707) 541-6776

## Thousand Oaks – Westlake Village

First meeting – Nov. 13  
2<sup>nd</sup> Monday, 2:30 – 4 PM  
United Methodist Church of Westlake Village  
1049 S. Westlake Blvd.  
Angie Becerra (805) 390-2999

### Ukiah

1<sup>st</sup> Tuesday, 1:30 PM  
Ukiah Senior Center  
499 Leslie St.  
Carole Hester (707) 972-2795

### Walnut Creek

4<sup>th</sup> Friday, 10 AM  
Rossmoor, Hillside Clubhouse  
Vista Room  
Karen Hewitt (925) 932-2248

### Woodland

Woodland Senior Center  
2001 East Street  
Sue (530) 405-6304

## OREGON

### Grants Pass

3<sup>rd</sup> Wednesday, 2:00 PM  
Club Northwest  
2160 N.W. Vine St.  
Carol Smith (541) 955-4995  
<http://grantspass.neuropathysupportgroup.org>

For information on groups in the following areas or any other place you are interested in finding out about a support group, call Bev Anderson at (877) 622-6298. She is actively trying to open new groups and re-open closed groups. Check with her about a group in your area especially if you would volunteer to be the leader.

**California:** Alturas, Bakersfield, Clearlake, Crescent City, Eureka, Fort Bragg, Garberville, Jackson, Lakeport, Lincoln, Lodi, Madera, Mt. Shasta, Oxnard, Placerville, Quincy, Redding, Salinas, San Francisco, Santa Maria, Sonoma, Sonora, Stockton, Susanville, Truckee, Tulare-Visalia, Turlock, West Sacramento, Weed, Yreka, Yuba City-Marysville. **Nevada:** Reno-Sparks. **Oregon:** Brookings, Medford, Portland, Salem.